



## COURSE OUTLINE: PNG116 - NURSING PRACTICE I

Prepared: Viki Nolan

Approved: Bob Chapman, Chair, Health

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| <b>Course Code: Title</b>                                                                                                                                                  | PNG116: NURSING PRACTICE I                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Program Number: Name</b>                                                                                                                                                | 3024: PRACTICAL NURSING                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Department:</b>                                                                                                                                                         | PRACTICAL NURSING                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Semesters/Terms:</b>                                                                                                                                                    | 20F                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Course Description:</b>                                                                                                                                                 | <p>This course will provide the learner with opportunities to apply concepts and the knowledge acquired in the classroom environment and practice setting. The emphasis will be on promotion of health and wellness of well individuals throughout the lifespan. The learner will be introduced to individuals in selected age groups through simulation, lab practice and community agencies.</p> <p>The learner will gain knowledge in various skills required by individuals in selected age groups which include: hand washing, medical asepsis and isolation techniques, principles of proper body mechanics, hygiene/dressing/grooming care, bed making, assisting with elimination, mobility, ambulation and safe transferring techniques, fire safety, environmental safety assessment.</p> <p>Students are expected to work independently to gain an understanding in the application of medical terminology.</p>                                                             |
| <b>Total Credits:</b>                                                                                                                                                      | 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Hours/Week:</b>                                                                                                                                                         | 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Total Hours:</b>                                                                                                                                                        | 60                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Prerequisites:</b>                                                                                                                                                      | There are no pre-requisites for this course.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Corequisites:</b>                                                                                                                                                       | PNG115                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>This course is a pre-requisite for:</b>                                                                                                                                 | PNG127, PNG130, PNG131                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Vocational Learning Outcomes (VLO's) addressed in this course:</b><br><br>Please refer to program web page for a complete listing of program outcomes where applicable. | <b>3024 - PRACTICAL NURSING</b><br><br>VLO 1 Communicate therapeutically with clients and members of the health care team.<br>VLO 2 Assess clients across the life span, in a systematic and holistic manner.<br>VLO 3 Plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines.<br>VLO 4 Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.<br>VLO 6 Act equitably and justly with clients and members of the health care team.<br>VLO 7 Adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.<br>VLO 8 Contribute to creating a healthy and safe work environment in a variety of health |

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|                                                                       | care settings.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                  |                                          |                               |                                                           |
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| <b>Essential Employability Skills (EES) addressed in this course:</b> | <p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p> |                  |                                          |                               |                                                           |
| <b>Course Evaluation:</b>                                             | <p>Passing Grade: 60%, C</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                  |                                          |                               |                                                           |
| <b>Other Course Evaluation &amp; Assessment Requirements:</b>         | <p>1. Written tests- Lab Tests- 2 at 40% each and Medical Terminology Tests- 2 @ 20% must be at a satisfactory level of 60% overall</p> <p>2. Clinical LTC 5 hours per week for 4 weeks (1 hour per week allotted for data collection and one 4 hour day in clinical) for a total 20 hours. Students who miss clinical will be required to make-up this time during the week immediately after the 4th week of clinical. Must achieve an S to be successful. Clinical hours are mandatory and hours missed that are required to be made up may be financially accountable to the student.</p>                                                                                                                                                                                                                                                                                                                                                                                 |                  |                                          |                               |                                                           |
| <b>Books and Required Resources:</b>                                  | <p>Skills in Clinical Nursing by Berman<br/>Publisher: Pearson Education Edition: 9th<br/>Ebook</p> <p>Skills in Clinical Nursing by Berman<br/>Publisher: Pearson Education Edition: 9th<br/>Paper</p> <p>Stedman's Medical Terminology with bind-in access by Nath<br/>Publisher: Lippincott, Williams &amp; Wilkins Edition: 2nd<br/>ISBN: 9781496317117</p> <p>Standards of Practice for Nurses in Ontario - online resource by CNO<br/>Publisher: CNO<br/>Professor will provide info.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                  |                                          |                               |                                                           |
| <b>Course Outcomes and Learning Objectives:</b>                       | <table border="1"> <thead> <tr> <th>Course Outcome 1</th><th>Learning Objectives for Course Outcome 1</th></tr> </thead> <tbody> <tr> <td>1. Practice in a professional</td><td>1.1 Take responsibility for own personal and professional</td></tr> </tbody> </table>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Course Outcome 1 | Learning Objectives for Course Outcome 1 | 1. Practice in a professional | 1.1 Take responsibility for own personal and professional |
| Course Outcome 1                                                      | Learning Objectives for Course Outcome 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                  |                                          |                               |                                                           |
| 1. Practice in a professional                                         | 1.1 Take responsibility for own personal and professional                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                  |                                          |                               |                                                           |

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|  | manner in accordance with the College of Nurses of Ontario Standards of Practice.                                                                                                        | <p>growth.</p> <p>1.2 Differentiate between professional and social roles.</p> <p>1.3 Utilize reflective practice to promote further learning.</p> <p>1.4 Use feedback positively to promote further learning.</p> <p>1.5 Comply with established standards and practice in the practice setting.</p> <p>1.6 Take responsibility for own decisions and actions.</p> <p>1.7 Report and record significant information accurately, confidently and respectfully to appropriate individuals, peers, faculty and agency personnel.</p> <p>1.8 Identify personal values and beliefs.</p> <p>1.9 Practise self-care to promote personal health and wellness.</p> <p>1.10 Take responsibility for attending clinical placement according to college policy.</p> <p>1.11 Report significant information accurately.</p> <p>1.12 Identify qualities of a leader within a group.</p> |
|  | <b>Course Outcome 2</b>                                                                                                                                                                  | <b>Learning Objectives for Course Outcome 2</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|  | 2. Display caring behaviours when interacting with well individuals.                                                                                                                     | <p>2.1 Create an atmosphere of mutual trust, acceptance and respect.</p> <p>2.2 Demonstrate a supportive and client centered approach.</p> <p>2.3 Use a non-judgmental attitude, empathy and genuineness when interacting with individuals.</p> <p>2.4 Display sensitivity to beliefs, values and practices of various lifestyles and cultures.</p> <p>2.5 Promote the achievement of individual's expected health outcomes.</p> <p>2.6 Utilize appropriate therapeutic communication techniques.</p> <p>2.7 Use a humanistic attitude and holistic approach with the individual.</p> <p>2.8 Promote the self-care abilities of the individual.</p> <p>2.96 Advocates for the use of Indigenous health knowledge and healing practices in collaboration with the client.</p>                                                                                               |
|  | <b>Course Outcome 3</b>                                                                                                                                                                  | <b>Learning Objectives for Course Outcome 3</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|  | 3. Practice interpersonal skills which promote and maintain caring relationships with individuals, families, peers, faculty and agency personnel through collaboration and collegueship. | <p>3.1 Participate as a contributing member of the team in providing care for the client.</p> <p>3.2 Identify situations of conflict.</p> <p>3.4 Follow verbal and non-verbal directions safely, responsibly and consistently.</p> <p>3.5 Adapt communication strategies to meet the needs of the client.</p> <p>3.6 Maintain rights to privacy and confidentiality.</p> <p>3.7 Communicate in a professional manner with clients, peers, faculty and agency personnel.</p>                                                                                                                                                                                                                                                                                                                                                                                                |
|  | <b>Course Outcome 4</b>                                                                                                                                                                  | <b>Learning Objectives for Course Outcome 4</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|  | 4. Apply the nursing process to organize and provide safe, competent basic nursing care for the well                                                                                     | <p>4.1 Gather data utilizing a prescribed tool.</p> <p>4.2 Demonstrate the ability to observe an individual.</p> <p>4.3 Identify relevant observations to be included in assessment.</p> <p>4.4 Report and record relevant observations.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |

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|                                                                                                                    | <p>client.</p> <p>4.5 Plan a group teaching plan to address expected health outcomes (goals).</p> <p>4.6 Apply nursing knowledge and critical thinking to set priorities.</p> <p>4.7 Identify principles of selected basic nursing skills in placement.</p> <p>4.8 Implement teaching plan within a reasonable timeframe.</p> <p>4.9 Collect significant information according to agency policy and college guidelines.</p> <p>4.10 Evaluate the teaching plan in relation to achievement of the individual's expected health outcomes (goals).</p> |
| <b>Course Outcome 5</b>                                                                                            | <b>Learning Objectives for Course Outcome 5</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 5. Promote client's optimal health and wellness through the application of the theories of growth and development. | <p>5.1 Assess the individual based on age and stage of life.</p> <p>5.2 Plan age appropriate activities to promote health.</p> <p>5.3 Execute appropriate activities to promote health.</p> <p>5.4 Evaluate the effectiveness of intervention. (activities)</p>                                                                                                                                                                                                                                                                                     |
| <b>Course Outcome 6</b>                                                                                            | <b>Learning Objectives for Course Outcome 6</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 6. Examine theories of microbiology and the purpose of hand washing.                                               | <p>6.1 Explain the chain of infection.</p> <p>6.2 Identify infection prevention and control measures to break the chain of infection.</p> <p>6.3 Discuss precautions to use when in contact with body fluids.</p> <p>6.4 Demonstrate hand washing using proper technique.</p>                                                                                                                                                                                                                                                                       |
| <b>Course Outcome 7</b>                                                                                            | <b>Learning Objectives for Course Outcome 7</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 7. Identify the principles and techniques for providing care with the client in isolation.                         | <p>7.1 Discuss the risks for hospital-acquired infections.</p> <p>7.2 Identify isolation guidelines.</p> <p>7.3 Explain the difference between medical and surgical asepsis.</p> <p>7.4 Perform infection control practises correctly.</p> <p>7.5 Explore the psychological implications of isolation upon the client and family members.</p> <p>7.6 Discuss the learning needs of the client/family in isolation.</p> <p>7.7 Provide the definitions for infection control terminology.</p>                                                        |
| <b>Course Outcome 8</b>                                                                                            | <b>Learning Objectives for Course Outcome 8</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 8. Examine and demonstrate proper body mechanics and back safety.                                                  | <p>8.1 Apply concepts and principles of body mechanics to Activities of Daily Living (ADL) in the home, school, and hospital setting.</p> <p>8.2 Discuss safety precautions related specifically to back safety.</p> <p>8.3 Examine the application of back safety precautions when working with various age groups.</p> <p>8.4 Demonstrate good body mechanics: bed making and using equipment in the lab.</p> <p>8.5 Demonstrates fitness to practice</p>                                                                                         |
| <b>Course Outcome 9</b>                                                                                            | <b>Learning Objectives for Course Outcome 9</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

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| 9. Identify safety precautions for specific age groups.                               | 9.1 Review safety practices and devices available for the injury prevention for various age groups.                                                                                                                                                                                                                                                              |
| <b>Course Outcome 10</b>                                                              | <b>Learning Objectives for Course Outcome 10</b>                                                                                                                                                                                                                                                                                                                 |
| 10. Practice mobility skills for the client in the lab setting.                       | 10.1 Demonstrate, using good mechanics: positioning, moving and transferring a client.<br>10.2 Perform active/passive exercises including Range of Motion exercises.<br>10.3 Assist clients to ambulate.<br>10.4 Practice the teaching and the use of ambulation aids, including a mechanical lift.<br>10.5 Examine the complications of immobility for clients. |
| <b>Course Outcome 11</b>                                                              | <b>Learning Objectives for Course Outcome 11</b>                                                                                                                                                                                                                                                                                                                 |
| 11. Identify fire safety hazards and disaster management.                             | 11.1 Identify fire safety precautions in various settings.<br>11.2 Identify various types of fire extinguishers.<br>11.3 Identify emergency measures for a fire.<br>11.4 Discuss and participates in emergency preparedness and disaster management.                                                                                                             |
| <b>Course Outcome 12</b>                                                              | <b>Learning Objectives for Course Outcome 12</b>                                                                                                                                                                                                                                                                                                                 |
| 12. Demonstrate appropriate techniques for providing adult hygiene/grooming/dressing. | 12.1 Demonstrate hygiene/dressing/grooming skills in the lab setting using proper principles.<br>12.2 Assist clients with elimination including use of incontinence products and assistive devices.<br>12.3 Record hygiene care.<br>12.4 Adapts practice in response to the spiritual beliefs and cultural practices of clients                                  |
| <b>Course Outcome 13</b>                                                              | <b>Learning Objectives for Course Outcome 13</b>                                                                                                                                                                                                                                                                                                                 |
| 13. Demonstrate and assist clients with elimination using a variety of methods.       | 13.1 Assist the client with a variety of methods of toileting.<br>13.2 Perform catheter care and care of the urinary drainage system including condom catheter and leg bag care and continuous bladder irrigation.<br>13.4 Document intake and output appropriately.<br>13.5 Discuss the methods of measuring intake and output.                                 |
| <b>Course Outcome 14</b>                                                              | <b>Learning Objectives for Course Outcome 14</b>                                                                                                                                                                                                                                                                                                                 |
| 14. Demonstrate appropriate techniques in ostomy care.                                | 14.1 Describe drainage characteristics from various types of ostomies.<br>14.2 Choose appropriate equipment.<br>14.3 Empty and cleanse an ostomy bag.<br>14.4 Change ostomy appliances.<br>14.5 Discuss skin care strategies.<br>14.6 Identify client emotional concerns during ostomy care.<br>14.7 Document appropriately.                                     |
| <b>Course Outcome 15</b>                                                              | <b>Learning Objectives for Course Outcome 15</b>                                                                                                                                                                                                                                                                                                                 |
| 15. Demonstrate the ability to provide nutrition to clients                           | 15.1 Assist clients with swallowing difficulties.<br>15.2 Demonstrate the proper techniques of assisting individuals                                                                                                                                                                                                                                             |

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|                  | with differing abilities.                                                                              | with visual impairments.<br>15.3 Practice assisting a person with limited mobility with their nutritional needs.                                                                                                                                                                                                                                                                                                                                                                                               |
|                  | <b>Course Outcome 16</b>                                                                               | <b>Learning Objectives for Course Outcome 16</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                  | 16. Demonstrate appropriate bed making techniques.                                                     | 16.1 Perform bed making (occupied, unoccupied and surgical) using principles of proper body mechanics and infection control.                                                                                                                                                                                                                                                                                                                                                                                   |
|                  | <b>Course Outcome 17</b>                                                                               | <b>Learning Objectives for Course Outcome 17</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                  | 17. Apply medical terminology to nursing practice.                                                     | 17.1 Define the meaning of basic medical word roots, suffixes and prefixes.<br>17.2 Recognize and understand basic medical terminology.<br>17.3 Identify and decipher medical abbreviations approved for use by a municipal, provincial or national organization.<br>17.4 Accurately pronounce medical terms.<br>17.5 Define the meaning of unfamiliar medical terms using the learner's acquired knowledge base of word roots, suffixes and prefixes.<br>17.6 Demonstrate awareness and use of 24 hour clock. |
|                  | <b>Course Outcome 18</b>                                                                               | <b>Learning Objectives for Course Outcome 18</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                  | 18. Examine how to apply research findings to support nursing practice.                                | 18.1 Provide a safe environment for the individual based on current and relevant research.<br>18.2 Participate in scholarly activities to support nursing practice.                                                                                                                                                                                                                                                                                                                                            |
| <b>Date:</b>     | August 19, 2020                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Addendum:</b> | Please refer to the course outline addendum on the Learning Management System for further information. |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

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